

The Charter of rights for children yet to be conceived

The First 1000 Days Australia Council appreciates that parenting is a skill learned from being parented and is specific to the demands of a particular way of life. The Council also understands there are families who experience social and health inequities.



FIRST
1000
DAYS
AUSTRALIA™

However, every child can rightfully expect to be born into families who:

- 1 Choose to become parents at a time when they are resourced and supported to provide optimum care for the child who will be born to them.
- 2 Seek appropriate preventative and early intervention medical and cultural supports prior to, during and after the First 1000 Days.
- 3 Can nourish them in the mother's womb with good quality nutrition, free from alcohol, smoke and the experience of violence.
- 4 Have loving expectations of them, are hopeful about their future and help them to achieve their life aspirations in powerful and tender ways.
- 5 Participate in their education from birth to ensure that personal aspirations are nurtured and aligned with our people's cultural values, responsibilities and entrepreneurial spirit.
- 6 Provide an appropriately stimulating environment, age-appropriate games, and the ability to grow with siblings and family members who themselves are capable of experienced and knowledgeable caring and parenting.
- 7 Know who they are, where they come from, who they are connected to, who loves them, who advocates for them, who listens to them, and who is responsible for them – culturally, morally, physically, spiritually and emotionally.
- 8 Are part of a healthy, vibrant society shaped by strong kinship relationships and a resilient culture, in which all members thrive, flourish and enjoy the same opportunities as other Australians – without being made the same.
- 9 Have healed and broken free from trans-generational trauma, and are able to transform harmful experiences into a positive future for their children and grandchildren.
- 10 Have the capacity to celebrate their children and offer them ceremonies, rituals, language, songs, stories and environments that strengthen their resilience, encourage their growth and support their choice of identity.